



# Monthly Meal Plan

Week One	Week Three
SUN: <u>Cheddar Potato Soup</u>	SUN: <u>Ham &amp; Lazy Cheese Buttons</u>
MON: <u>Mexican Lasagna</u>	MON: <u>Stuffed Pepper Casserole</u>
TUES: <u>IP Chicken Taco Bowls</u>	TUES: <u>Beef &amp; Bean Burritos</u>
WED: <u>BLTs w/ Crunchy Corn Salad</u>	WED: <u>French Dip Sandwiches</u>
THURS: _____	THURS: _____
FRI: <u>Spicy Chicken Pizza</u>	FRI: <u>Carnitas Pizza</u>
SAT: _____	SAT: _____

Week Two	Week Four
SUN: <u>Balsamic Chuck Roast</u>	SUN: <u>Green Chicken Enchiladas</u>
MON: <u>Thai Chicken Curry</u>	MON: <u>Lazy Halupsi</u>
TUES: <u>Fish Tacos</u>	TUES: <u>Korean Tacos</u>
WED: <u>Italian Beef Sandwiches</u>	WED: <u>Chicken Meatball Sandwiches</u>
THURS: _____	THURS: _____
FRI: <u>Huevos Rancheros</u>	FRI: <u>Hashbrown Waffles w/ Gravy</u>
SAT: _____	SAT: _____